

King City SS e-Newsletter



[2001 King Road, King City, ON L7B 1K2](#)

June 4, 2021

Congratulations Mr. Schoenhardt!



Congratulations to Mr. Schoenhardt for being recognized with a Commendation Award from the Oak Ridges Trail Association. The award acknowledges Mr. Schoenhardt for the work he does educating our students about the Oak Ridges Moraine and the trail maintenance completed by his Outdoor Education class. Students with an interest in the outdoors and nature are encouraged to take grade 11 Outdoor Education!

And Congratulations Ms. O'Quinn!

Our Ms. O'Quinn was recognized last month by the York Region District School Board for her tireless efforts to support our students. Ms. O'Quinn was awarded a YRDSB Excellence award. Ms. O'Quinn supports our students in so many ways including running our GSA, provide academic and emotional support to our students, as well as establishing our Student Nutrition Program. Congratulations Ms. O'Quinn! We are lucky to have you at King.

Contact Us

Phone 905.833.5332

Extensions

Reception 150

Attendance 158

Guidance 106

Busing 152

king.city.ss@yrdsb.ca

Online

[School website](#)

Administration

Principal

[Joe D'Amico](#)

Vice Principals

[Pina Viscomi](#) (A-K)

[Tim Wesson](#) (L-Z)

School Council

[Luisa Gale](#)

[Harpal Panesar](#)

Superintendent

Neil Gunathunge

Trustee

Bob McRoberts

[COVID-19 Community Resources for Behaviour, Mental Health and Financial Supports](#)



School News

Administration Update

At the York Region District School Board meeting of trustees and senior administrators on Tuesday June 1, 2021, decisions were made regarding administrative assignments for the coming school year. It was decided that I would assume responsibility for a central office position within the Board. I will be taking on the role of Principal of Learning Resource Services, Modern Learning and Digital Literacy. This new role will take effect Wednesday, September 1, 2021. It was also decided that Mr. Wesson would be assuming the role of Vice Principal at Woodbridge College effective September 1, 2021.

Effective September 1, 2021, Ms. Helga Curry will be joining King City S. S. as Principal. Ms. Curry has most recently served as Principal / Student Services Coordinator for the Central Area schools. Additionally, Mr. Raymond Fung will be joining King City S. S. as Vice Principal. Mr. Fung has most recently served as Vice Principal at Hodan Nalayeh S. S. Mme Viscomi will continue in her role as Vice Principal here at King City S. S.

It has been my privilege to serve our community for the past two years and I am grateful to have had the opportunity to experience the great things our community has to offer. King City Secondary School is a wonderful school in a great community.

I appreciate your on-going support, and I know you will join me in wishing Mr. Wesson well in his new assignment and in welcoming Ms. Curry and Mr. Fung to our community.

Sincerely,

Mr. Joe D'Amico

Principal

Important Dates

To view our entire school calendar online click [here](#).

Wednesday, June 9th

- ☐ School Council (Virtual) - [please use this link](#)

Friday, June 18th

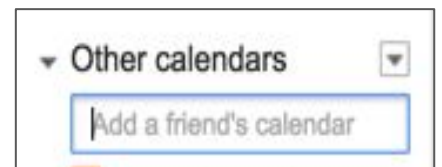
- ☐ Credit Conferencing and Credit Rescue Day

Monday, June 28th

- ☐ Credit Conferencing and Credit Rescue Day
- ☐ Last Day of School

Do you use Google Calendar?

Add our email address to add our calendar to your calendar, and never miss an event again!

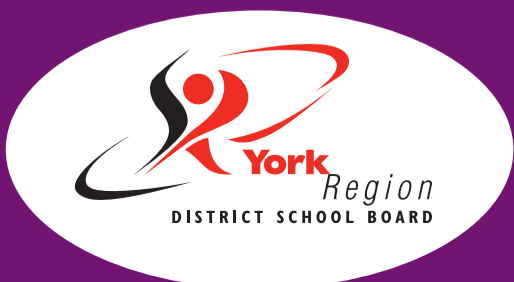


king.ss@gapps.yrdsb.ca

June



Everything in its
PLACE!



COVID-19 VACCINATION SCHOOL POP-UP CLINICS FOR YORK REGION YOUTH AGES 12 TO 17 AND THEIR FAMILIES

June 1, 2021

DEDICATED YOUTH CLINICS

In partnership with the Ministry of Health and York Region District School Board, York Region will be offering two outdoor pop-up COVID-19 immunization clinics; one in the Town of Georgina on Saturday, June 5 and one in the Town of Whitchurch-Stouffville on Sunday, June 6, 2021.

These clinics are available for **youth and families**. Anyone who is 12 years of age and older living, working or going to school in York Region is eligible to book an appointment for these pop-up clinics. The clinics are available for **first doses only**.

The Pfizer-BioNTech COVID-19 vaccine is the only vaccine authorized for those 12 years of age and older. Individuals must be 12 years old on or before their appointment date.

CLINIC LOCATIONS

- **Saturday, June 5:** Sutton District High School, 20798 Dalton Road, Town of Georgina
- **Sunday, June 6:** Stouffville District Highschool, 801 Hoover Park Drive, Town of Whitchurch-Stouffville

CLINIC HOURS

- Both clinics will operate from 9 a.m. to 7 p.m.

IMPORTANT INFORMATION

Individuals 13 years of age and under require a parent or legal guardian to provide consent at the time of the vaccination.

If a parent or legal guardian is unable to accompany their 12 and/or 13-year-old child to the appointment they can complete and sign a [consent form](#) and send it with the child to the appointment.

These clinics will be held outdoors. Be sure to dress appropriately for the weather and protect yourself against sun, rain or other conditions.

PUBLIC HEALTH

1-877-464-9675
TTY 1-866-512-6228
york.ca/COVID19



Appointments frequently become available at other clinics in York Region. If you live, work, or attend school in York Region, are 12 years of age or older, and haven't received your first dose of COVID-19, you can book an appointment at any York Region vaccination clinic at york.ca/COVID19Vaccine

HOW TO BOOK AN APPOINTMENT

To book an appointment or for more information on clinic locations and appointment availability please visit york.ca/COVID19Vaccine. Most clinics offer vaccines by appointment only; do not visit a clinic site without a scheduled appointment (unless the clinic is currently offering walk-ins).

Please bring your Ontario Health Card (OHIP) to your appointment if you have one.

If you require assistance booking your appointment, please contact Access York at 1-877-464-9675.

Additional information on how to prepare for your appointment and videos of what to expect at the clinic are available at york.ca/COVID19VaccineBeforeYouGo.

WHY GET VACCINATED?

COVID-19 infection can have serious consequences for all age groups, including young people, particularly given the circulation of new variants of concern. We encourage all residents who are eligible to get a vaccine, but we understand parents, caregivers and adolescents may have questions.

This is an important health decision and we encourage you to have discussions with your children and youth about the risks and benefits of getting vaccinated. We have included some frequently asked questions to help you and your family make an informed decision.

Vaccinating all who are eligible, including youth, will help to reduce the number of cases of COVID-19 in our community and allow youth to get back to the activities they enjoy. Thank you for your ongoing commitment to stop the spread of COVID-19.

For more information please visit york.ca/COVID19VaccineInfo

**Inclusive School and Community Services is hosting
A Guardian/Parent Engagement Event**

Engaging in Conversations With Our Children about Anti-Asian Racism

This session provides an opportunity for families to learn more about Anti-Asian racism and includes dialogues and strategies for guardians/parents to advocate for and support their children.

Guest Speakers



Gen-Ling Chang

Gen-Ling Chang is the former Associate Director of TDSB. Currently, she is the Deputy Executive Director with ALPHA Education and Chair of School and Community with Asian Canadian Educators Network.



Sandy Yep

Sandy Yep currently works at the Ministry of Education in Ontario, and is Vice-President of the Asian Canadian Educators Network. Having worked on social justice, equity and anti-racism his whole life, he brings compassion, teaching and seeks to engage others in conversations on race, diversity, and inclusion.



Philip Qian

Philip Qian works at the Toronto District School Board. He is a first generation immigrant, a learner, and a father of a seven-year-old boy.

Please note:

This virtual event is intended for guardians/parents. Children and youth may also attend with their families for strategies to continue to engage in conversations about race at home. The event will be facilitated on Zoom in English with the option for a separate audio channel for Mandarin interpretation.

Date: Thursday, June 17th, 2021

Time: 7:00 p.m. - 8:30 p.m.

Registration link: bit.ly/3wPwDEp

Registration closes: June 16th, 2021



監護人/家長共同參與的活動

與我們的孩子交流反亞裔種族歧視

此講座給家庭一個機會來進一步了解反亞裔種族歧視並且提供給監護人/家長和您
孩子指導性的策略

Inclusive School and Community Services, YRDSB

約克區教育局共融校園和社區資源服務部

講座嘉賓



Gen-Ling Chang 鄭健齡女士

鄭健齡女士曾任多倫多教育局副總監，現為亞太和平教育中心機構副總幹事，加拿大亞裔教育工作者網絡的校園與社區主席



Sandy Yep 葉勁立先生

葉勁立先生是教育工作者，政策分析師及社區領袖。他目前在安大略省教育部工作，並任加拿大亞裔教育工作者網絡的副總裁。葉先生熱愛他的工作和社區。



Philip Qian 錢罡先生

錢罡先生任職於多倫多教育局，他是第一代移民，學習者，也是七歲孩童的父親。

此講座針對監護人/家長
孩子和青少年也可以參加，從而幫助家庭更好的交流
此講座在Zoom上以英文的形式進行，
同時配有普通話講解的語音頻道

日期：2021年6月17日

時間：晚上7:00 p.m. - 8:30 p.m.

[點這裡報名 / bit.ly/3vK4FK5](https://bit.ly/3vK4FK5)

報名截止日期2021年6月16日



Bringing STEM to Life: Work-Integrated Learning

Work-Integrated Learning Program in Physics

July 2 - August 9, 2021



High School Lab Assistant Paid Work Opportunity

K2I Academy in the Lassonde School of Engineering is looking for high school students entering Grade 11 or 12 interested in participating in a unique virtual work-integrated learning opportunity while pursuing a Grade 11 University (3U) or Grade 12 College (4C) physics credit.

In Summer 2021, K2I Academy will be offering a 5-week work-integrated learning program:

- **Bringing STEM to Life: Work-Integrated Learning Program in Physics**

Program Overview

These programs will be offered virtually beginning Monday, July 2 through Monday, August 9, 2021. As a participant, you will also receive 4 weeks of paid work experience as a High School Lab Assistant working on a faculty-led research project. During this time, you will gain valuable hands-on experience in science and engineering while learning about the United Nations Sustainable Development Goals.

Program Requirements

Priority will be given to students entering Grade 11 or 12 who are underrepresented in science, technology, engineering and math (STEM) fields including: Black and Indigenous youth, and women. Participants must be accepted into the program by the York Region District School Board.

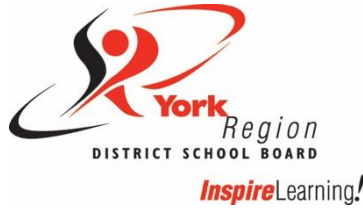
At the time of registration, participants must:

- Legally be able to work in Canada
- Have a valid Social Insurance Number
- Have a personal bank account
- Include a cover letter and resume

Lab Assistant Responsibilities

- Work collaboratively with other High School Lab Assistants, K2I Academy Program Mentors and a Lassonde faculty member, in a virtual lab setting to successfully complete a STEM-focused research project.
- Actively participate in workshops, hands-on activities, and discussions using computer audio and video at all times.
- Conduct STEM research including participate in hands-on experiments, read scholarly articles, and document findings in support of the team research project, while meeting team deadlines.
- Deliver a final team research project presentation that demonstrates your work at the conclusion of the program.
- Communicate clearly with team members and K2I Academy staff, advising K2I Academy Program Mentors in advance of lateness or absence.
- Be respectful of the collaborative work environment that K2I Academy and Lassonde School of Engineering prides itself on and be prepared to work, learn, and engage professionally.

To apply, please submit your application here:
[Summer Work-Integrated Learning Program in Physics](#)



Student Mental Health and Addictions Newsletter

June 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Hope for the Future: Beyond Academic Loss

For students, June usually marks a period of celebration and closure. It is when proms, graduations, capstone projects, final performances, and independent studies are completed. Each of these events serves as a [rite of passage](#), the conclusion of one period before commencing the next year. As we continue to navigate the Covid-19 pandemic, we have experienced a shift to virtual format, postponement, or cancellation of many of these events, leaving many students and their families experiencing a sense of grief and loss.

According to the [Centre for Addiction and Mental Health](#) (CAMH), grief is how we react to loss. Grief can affect our thoughts, emotions, behaviours, and how we function physically. Several types of loss are related to the pandemic, including but not limited to academic loss, loss of a loved one, loss of social connections, loss of rituals and routines. These losses can impact students' wellbeing and their sense of hope for the future. [Dr. Amy Cheung](#) youth psychiatrist at Sunnybrook, recommends that regardless of the type or size of an event, it is important to acknowledge the loss students might experience due to these events no longer coming to fruition because of the pandemic. Acknowledging the loss and validating the many thoughts and feelings students may be experiencing is vital. It is equally important to have conversations that are based on hope for the future. As difficult as this might be, given the uncertainty regarding how the pandemic will unfold.

The [Centre for Addiction and Mental Health](#) states, healing from the losses of COVID-19 is not just about accepting everything that has changed; rather it means finding healthy ways to address the losses we have experienced. Included below are some recommendations from [CAMH](#):

- **Name your struggles:** When we name/externalize the challenges we face; we can begin to clarify why we feel stressed. **Action:** Identify five things you have found challenging and order them from least to most difficult. **Example:** 1) Eating healthy 2) getting active 3) completing homework projects 4) finishing a task you

have been procrastinating 5) preparing for the move from elementary/secondary or secondary/post-secondary school. Select one issue to tackle first, break it down into smaller pieces to work on if necessary.

- **Taking things one day at a time:** The changes and loss that the pandemic brings can result in students and families feeling stressed, anxious, sad, and overwhelmed. Some may worry about when and if things will get better; this can affect mood and diminish an individual's sense of hope. **Action:** Focus on the things that are within your control. **Example:** Break down large tasks or projects into smaller manageable portions that can be undertaken each day.
- **Prioritizing self-care:** Self-care can look different for each individual and family. Prioritizing small and intentional actions throughout the day is essential to maintaining positive wellbeing. **Action:** Consider simple things you can incorporate into the day that add value and make you feel optimistic even in stressful situations. **Example:** Make an uplifting music playlist, incorporate YouTube wellness videos, listen to audiobooks, or read. If you cannot get outdoors, is it possible to sit by a window? It is important that the activity you choose fuels YOU!
- **Exercising and eating healthy:** Physical activity supports our physical and mental health, particularly when stressed. **Action:** Find an exercise routine that works for you, and select a balanced diet that provides the necessary nutrition to fuel your mind and body. **Example:** Beanbag or sock toss into a basket, light stretches or yoga, movement activities, and sports.
- **Talking to someone:** In previous newsletters, we addressed the importance of social connection and reaching out to talk to someone for support. **Action:** Let others know what you are experiencing. Learn how to identify when a child or youth might need help. **Example:** Ask for help from someone you trust. Utilize, supports from faith based or community organizations if additional help is required.

A Path Forward

We recognize that talking to a stranger or even someone you know may be difficult and uncomfortable. We encourage you to explore pathways of support that feel comfortable and safe to access. Consider supports such [Family Services York Region](#) which provides services in multiple languages included but not limited to Chinese, Hindi, Punjabi, Urdu and Gujarati. These services are free and confidential. Additional [community supports](#) and mental health activities which can be done at home with children can be found [here](#)

As we conclude this month's newsletter, we wish to highlight that a path forward and healing from the losses attributed to the pandemic is possible. We can shape this path forward and our own healing with small and intentional actions each day by focusing on what is within our control and seeking help when things are beyond our control. We encourage you to find ways to acknowledge and celebrate the "small things" and the "big things." Perhaps it is celebrating by baking a cake or creating a celebration meal. Maybe

you stage your very own graduation photoshoot or create a time capsule/memory box detailing the past year/years, which you can hide away or bury to open at a later date. Recognize that despite all that came your way over the 2020-2021 school year and the pandemic thus far, you pushed through, and you have everything within you to continue pushing through. Even on the days you may have felt otherwise.

Mental Health COVID-19 Page

The link below is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with the [Mental Health and Community Supports During COVID](#). Continue to check out the [YRDSB website](#) for updated information as well as the Twitter accounts @YRDSB and @YRDSB_SS.

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.

Mental Health Lead

patricia.marra-stapleton@yrdsb.ca

Hoshana Calliste, MSW, RSW

Assistant Coordinator of Mental Health

hoshana.calliste@yrdsb.ca

DID YOU KNOW...



The European gypsy moth / *Lymantria dispar dispar* (LDD) is a non-native invasive insect? It was introduced to the United States in the late 1800s and first detected in Ontario in 1969.

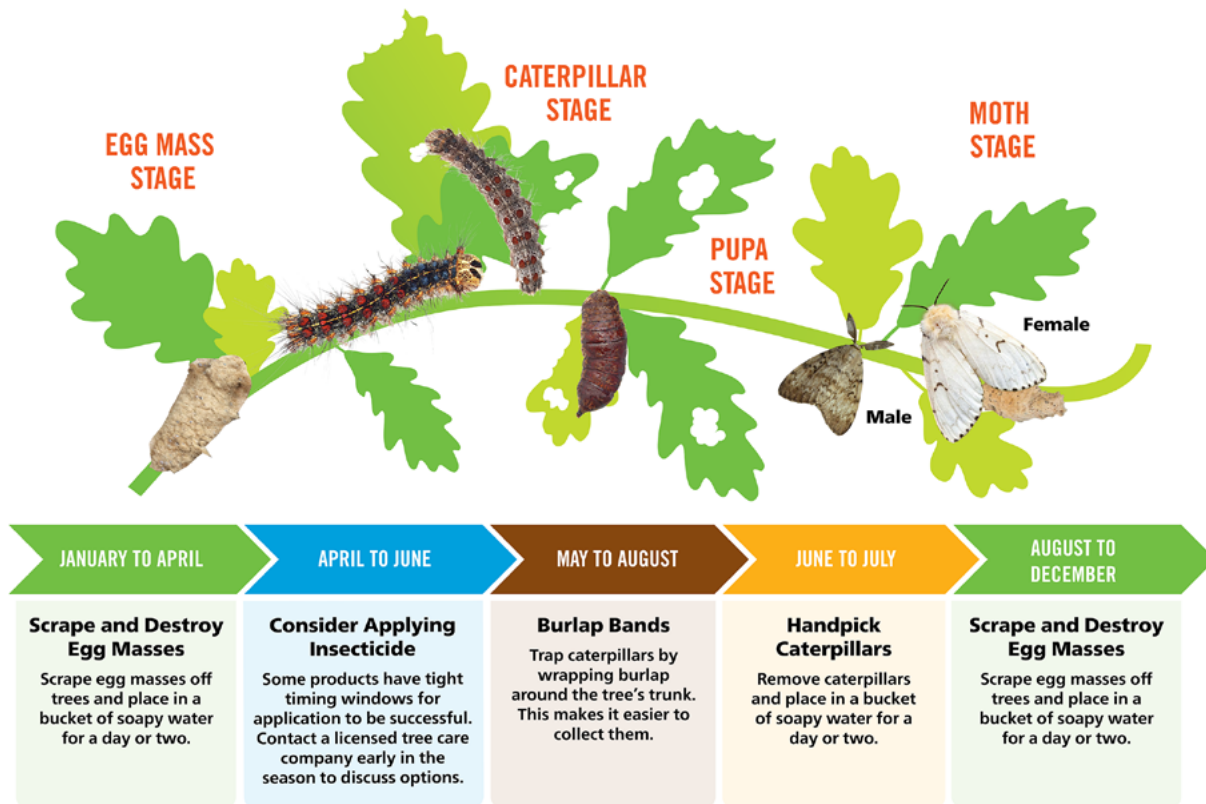
Monitoring indicates York Region will likely experience an infestation of LDD this spring/summer. At outbreak levels, severe tree defoliation is likely to occur in several areas of York Region including school grounds.



LDD prefers to feed on oak tree leaves but will feed on the leaves of many other hardwoods including maple, elm, birch, poplar and willow trees. In some rare cases, when their numbers are extremely high, the caterpillar will feed on evergreens such as pine and spruce.

Take the actions below on trees in your school ground or at home to help control the impact of this invasive pest. Always remember to wear gloves when handling caterpillars and egg masses to avoid an allergic reaction.

Gypsy moth / *Lymantria dispar dispar* (LDD) Life Cycle



Since the name gypsy moth may be perceived as culturally insensitive, this year our messaging will also focus on building awareness of its Latin name *Lymantria dispar dispar* (LDD). Our goal is for people to become familiar with the term LDD and associate it with this invasive pest going forward.

For more information on how to protect trees visit york.ca/LDDmoth



Parent Engagement Event (Mandarin session)

How to use your child's report card as a tool to encourage and affirm their learning and achievements

成績單回家了，怎麼跟孩子談？

讓我們一起來學習，如何傾聽和表達，才能走進孩子的內心

Guest Speakers / 普通話講座嘉賓

Julia Shen 沈近嘉

Certified NVC Trainer Candidate
Supervisor, WeSupport

非暴力溝通認證培訓師候選人
加華心理健康互助平台培訓師

Alice Wan-Ling Chu 朱老師

Teacher Liaison – Chinese Heritage Community
Inclusive School and Community Services, YRDSB

華人社區聯系老師 約克區教育局共融校園及社區資源部

Sandra Li 李軾先

MSW, RSW, RP, School Social Worker, YRDSB

約克區教育局學校社工. 社會工作碩士. 註冊社工. 註冊心理治療師

Performance Plus 學校 - Milliken Mills, Highgate, 和 Wilclay 公立學校

YRDSB 約克區教育局共融校園和社區資源服務部

FSYR - Family Services York Region 約克區家庭服務中心

WeSupport 加華心理健康互助平台

日期：2021 年 6 月 7 日

時間：晚上 7:00 - 9:00

[點這裡報名](#)

bit.ly/3fNEXOi

報名截止日期 2021 年 6 月 6 日